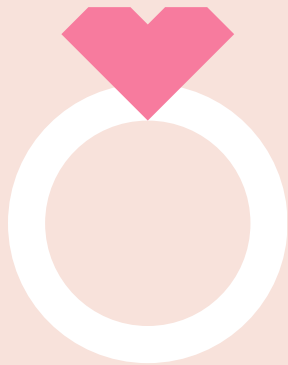


# Wedding Weight Loss Program Monthly Tracker

---WEEKS UNTIL WEDDING  
GOAL WEIGHT \_\_\_ LBS



*Week 2*

*Week 3*

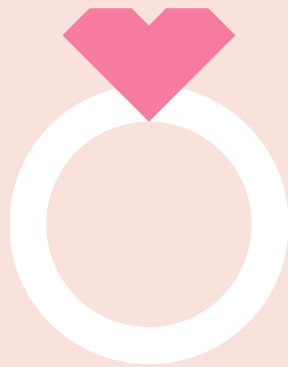
*Week 4*

WEIGHT

WEIGHT

WEIGHT

GREATEST CHALLENGE? \_\_\_\_\_  
GREATEST SUCCESS? \_\_\_\_\_

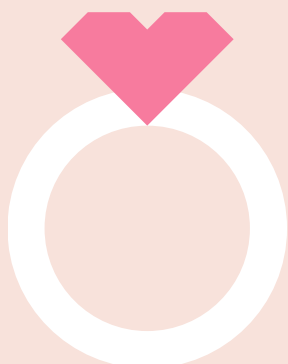


WEIGHT

WEIGHT

WEIGHT

GREATEST CHALLENGE? \_\_\_\_\_  
GREATEST SUCCESS? \_\_\_\_\_



WEIGHT

WEIGHT

WEIGHT

GREATEST CHALLENGE? \_\_\_\_\_  
GREATEST SUCCESS? \_\_\_\_\_